

# **MICHAEL PLUENNECKE**

## International Executive Coaches



### **Daniela Pelger**

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### **Qualifications**

- Master of Arts (Business & Commerce)  
(FAU Erlangen -Nürnberg)
- Bachelor of Arts (Management)  
(University of Hull, England)
- Business Coaching & Change Management  
(Euro FH Hamburg)
- Decision Dynamics Assessment Certification

### **Experience**

- Since November 2017: Leadership-coach, -consultant and -trainer
- 2013 - 2017: „HR Director Central Europe“ Barilla Group, responsible for Manufacturing and Sales facilities and personnel in Germany, Austria, Switzerland and the Netherlands
- 2008 - 2012: Various positions as Strategic Human Resources Manager with Adidas Group (Local and Global responsibilities)

### **Professional focus** (working languages: English and German)

- Business Coaching:
  - Leadership-coaching focused on individual resources and potential
  - Self-reflection, stress-management, Work-Life-Balance
  - Onboarding- and Transition-coaching
- Consulting:
  - Change Management (concept, design and implementation)
  - Process- and transition-support
  - Change communication
- Training:
  - Leadership basics (individual personality, tools, styles and behaviours)
  - Communication as pivotal leadership tool
  - Time- and self-management